

Awareness ~ Empowerment ~ Action

This unique guide begins with why and how to shift the old perceptions of personal finances from a 'numbers-oriented, stand alone, judgment filled' view to a rewarding one that encompasses our core intentions, individual needs and goals, and ownership for all aspects of our health and wellness. The word deck in the middle provides guidance and thoughtful questions to help you create your personal stewardship path and figure out what is really important to you. Then, the chapters that specifically cover financial planning topics contain plain language information and explanations to help you increase your knowledge and confidence when applying your own financial stewardship goals in actual planning conversations and decisions. It is intentionally a short book, each paragraph packed with concise information to be re-read and used as often as needed to accomplish your goals. The different format, layout, and expectations stimulate the new perspectives that will truly transform your financial health and wellness.

For many of us, managing our money is a task, often unpleasant or burdensome, that we eventually have to deal with. But from the wise and gentle perspective of Laurie Bonser, financial management is not something we do, but an expression of all that we want to be. Invoking the principles of financial stewardship, she offers healing and thoughtful advice on how to infuse our approach to money with our deepest-held values and hopes for ourselves and those we love. This is a guide not to be read once and shelved, but to be kept near to our sides and hearts for regular inspiration and reflection.

Eleanor Blayney, CFP®
Consumer Advocate, CFP Board
President, *Directions for Women*

In world where financial institutions appear to have stacked the deck against much of the population, Laurie has written a book on how to achieve financial success as defined by each reader's own perspective rather than that of those who want people to fear the basic ideas of finance. Laurie presents a holistic guide to being comfortable and in control of your finances. Think of it as a meditative, organic approach to financial management and think of Laurie as a mentor, coach and provider of the encouragement that you need to tackle a topic that has become, but shouldn't be, difficult for most people to talk about.

Bryan Scott Larkin
Personal and Business Transformation Consultant



**FINANCIAL
STEWARDSHIP**

ABOUT THE AUTHOR

Laurie is a musician, teacher, intuitive reader, and shaman who also explores Reiki, MAP, plant spirit medicine, animal communication, and other healing resources. As a CPA, Certified Financial Planner™ professional, and coach, Laurie has extensive expertise and credibility in the area of comprehensive financial planning for individuals and business owners. She focuses on working with clients who value the integration of thoughtful financial stewardship with their own health, relationships, intentions, and envisioned futures. Laurie lives in Ballston Spa, NY and may be



reached through her web site at
www.ChangingTimesPlanning.com.

FINANCIAL STEWARDSHIP

A Guide for Personal Financial Health and Wellness®



Money doesn't buy happiness (or anything else of soul import) but it does provide options for us here on this planet – so there are many reasons to earn and use the tool of money wisely.

LAURIE BONSER, CFP™ CPA