

Shaman Certified Financial Planner Offers Rare Insights to Prosperity

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New York author, Laurie Bonser, in publishing her debut financial guide, *Financial Stewardship: A Guide for Personal Financial Health and Wellness*, offers insights and clarity to the often foggy concepts for financial stability and growth. The main purpose of the book seeks to take us back to the foundations of who we are, why we're here, what our missions are, and to invest in building our internal core before we concern ourselves with external manifestations.

This unique guide begins with why and how to shift the old perceptions of personal finances from a numbers-oriented, stand alone, judgment filled view to a rewarding one that encompasses our core intentions, individual needs and goals, and ownership for all aspects of our health and wellness. The word deck in the middle provides guidance and thoughtful questions to help you to create your personal stewardship path and figure out what is really important to you. Then, the chapters that specifically cover financial planning topics contain plain language information and explanations to help you increase your knowledge and confidence when applying your own financial stewardship goals in actual planning conversations and decisions.

Laurie says, "In fact most of us are really disoriented by money and finances. I call this Myth-oriented instead of disoriented, though, because so much of our disorientation comes from daily myths driven from outside sources that really don't know who we are and what our challenges and experiences are. To honestly and openly figure out what are the myths and masks in our lives, we need to reclaim the art of listening to both ourselves and to those around us.

"If we continue to ignore personal financial stewardship, then we remain stuck in the same loop that seems comfortable but is actually damaging... stuck listening to a world that tells us we are financially incapable and need latest product or someone else's program to be saved. However, if we choose to move into the stewardship and apply our attention first, then we gain the real balance, integrity, and sustenance we seek."

It is intentionally a short book, each paragraph packed with concise information to be re-read and used as often as needed to accomplish your goals. The different format, layout, and expectations stimulate the new perspectives that will truly transform your financial health and wellness.

One colleague says, "From the wise and gentle perspective of Laurie Bonser, financial management is not something we do, but an expression of all that we want to be. Invoking the principles of financial stewardship, she offers healing and thoughtful advice on how to infuse our approach to money with our deepest-held values and hopes for ourselves and those we love. This is a guide not to be read once and shelved, but to be kept near to our sides and hearts for regular inspiration and reflection." ~*Eleanor Blayney, CFP?, Consumer Advocate CFP Board, President, Directions for Women*

In addition to her professional designations, Laurie is a musician, teacher, intuitive reader, and shaman who also explores Reiki, MAP, plant spirit medicine, animal communication, and other healing resources. As a CPA, Certified Financial Planner™ professional, and coach, Laurie has extensive expertise and credibility in the area of comprehensive financial planning for

individuals and business owners. She focuses on working with clients who value the integration of thoughtful financial stewardship with their own health, relationships, intentions, and envisioned futures. Laurie lives in Ballston Spa, NY and may be reached through her web site at www.ChangingTimesPlanning.com

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