

Match Your Spiritual Intentions with Your Financial Resolutions

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Beginning Exercise: Choose any three words from the list below that hold particular meaning for you at this time ~ then list them in order of priority. Write yourself a note as to why each concept is important to you, what your goal/reward would be for moving toward each vision, and what you think are related financial considerations.

(Variations: add your own words of particular meaning, select up to 5 words, use annually as a 'check up' or as needed when experiencing changing situations, do this exercise with you partner, family, or friends)

Security

Health

Creativity

Education

Relationship

Mission

Organization

Planning

Options

Family

New Venture

Learning

Relaxation

Outreach

Action

Preparation

Flexibility

Partnership

Home

Career

Energy

Travel

Enjoyment

Legacy

Priority

Intentions

Goal/Reward

Financial Considerations
